



# HADDENHAM

## Medical Centre PPG

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Minutes of Meeting held at 7pm on Wednesday 5th February 2020

Present Barry Lynch (Chair), Dr Mark Howcutt, Ellen Solley (Practice Manager) and 25 members  
Apologies received from Alan and Margaret Watkins, Lydia Redshaw, Jeanne Watt, Jan Backhouse and Peter Freedman.

1. The Chairman greeted everyone to the first PPG meeting of 2020.
2. The Chairman welcomed our guest speakers, Cynthia and Roderick Floud and their daughter Sarah. Cynthia and Sarah have both suffered from Myalgic Encephalomyelitis (ME) also known as Chronic Fatigue Syndrome. This is a condition characterized by long-term fatigue and other persistent symptoms that limit a person's ability to perform ordinary daily activities and there is no known cure. Cynthia, Sarah and Roderick gave an enlightening account of their family's long-term struggle to overcome this condition and their efforts to try every possible solution to restore a normal life.  
David Gregory asked if ME was connected to Alzheimer's and was advised that it was not. .
3. Dr. Howcutt updated the meeting on the Coronavirus (Novel Coronavirus (2019-nCoV) group of viruses. As at 4<sup>th</sup> February 20,626 confirmed cases, 427 deaths, 28 cases in Europe and 2 confirmed in the UK. The main cause of death resulting from Coronavirus is bacterial pneumonia and it is hoped that cases will disappear during the summer months. There is no evidence that there will be any more cases than during the winter flu epidemic.

#### 4. Practice Report

Ellen announced that Dr. Janine Mawby would be joining the Practice on a Mondays and Wednesdays. Dr. Brown will be leaving to continue training elsewhere. Laura will be a new receptionist. Our PCN (Primary Care Network) has been appointing additional staff for the network of this practice, Unity and Crosskeys. A pharmacist, Saphina Ashraf will mediate prescription queries and monitor patient's medications. A Social Prescriber Nina Scott will work with the 3 practices to signpost patients to other non-clinical local services, where appropriate

#### 5. PPG Chair Report

Bus Shelter - At the request of patients we are trying to get a bus shelter/seat installed outside the Medical Centre. Brian Rogers is working on the project with the possibilities that either Bucks County Council could supply the shelter, or the PPG would raise funds for a basic version with perch seat.

Tyrefighters Weight Loss Group - Chairman announced with regret that David Lindsey intends to retire from his Tyrefighters lectures. The PPG would like to ensure continuation of this valuable asset and David has offered to allow continued use of his manual for the courses. We will need volunteers to carry on this work. Would anyone interested in helping please [contact chairman@theppg.com](mailto:contact_chairman@theppg.com)

We plan to stage another playlet by the Human Story Theatre Co. on 14th October. It will be about end of life issues and entitled R.I.P. we are sure it will be as entertaining and humorous as last year's very successful production of "Connie's Colander".

Bereavement Pack - We will be working to develop a new information pack for the bereaved together with the other 2 PPGs in our PCN (Primary Care Network)

6. David Gregory advised of a new weekly session for Alzheimer's patients at "Tickety Brew" in Banks Parade run by Tracey. Chit Chat is on Tuesday afternoons at 2-3.30pm and costs £3.50 to include a sandwich, cake and drink, carers go free. A good movement towards social prescribing.

7. Any other Business

Gill Bedding asked why would anyone speak to the pharmacist when there is a social prescriber who you can ring to discuss medication etc.?

Dr. Howcutt said there are too many patients taking too many drugs that are not needed and the practice pharmacist would aid patients to not take unnecessary drugs especially anti-biotics. This will save the NHS money.

Christine Jeffrey said Patient Access was not available on I-Pad. Barry advised that there are other applications that you can use on an I-Pad such as Evergreen and NHS App. Patient Access was the most useable system across all devices.

8. The Next PPG meeting was proposed to be on Wednesday 22<sup>nd</sup> April 2020 at 6.30pm. The Chairman asked for a show of hands from those at the meeting if they agreed with the earlier time and the consensus was that the earlier time would be acceptable.

9. The Chairman thanked the members for their attendance and declared the meeting closed.