



HADDENHAM

Medical Centre PPG

Minutes of Meeting held at 7pm on Wednesday 27th March 2019

Present Barry Lynch (Chairman), Dr Mark Howcutt, Ellen Solley (Practice Manager) and 20 members. Apologies from Stuart Monro, Barbara Southwell, Carole Babbage, Jeanne Watt, Alan & Margaret Watkins, Jan Backhouse and Keith Milmer.

1. The Chairman welcomed everyone and thanked them for their attendance.
2. Practice Report

Ellen reported Dr. Louise Thompson who has joined our Team as an ST2, together with Dr. Dawn Edwards who has joined as an ST3 both will be with us until August 2019. Debbie Smith has also joined our team at the surgery as Accounts and Admin Assistant.

3. The Chairman welcomed our guest speaker, David Lindsey. David runs the Tyrefighters Weight Loss Group which is held at the Medical Centre. David explained the important link between weight and diabetes and said that Type 2 diabetes could be reversed by weight loss. He advised that people seeking weight loss do not need to adopt fashionable diet plans and fitness regimes. There are 3 simple guidelines to weight loss – eat less, eat the right food and exercise more. If you would like to become a Tyrefighter see the attached details at the end of these minutes.
4. Dr. Howcutt talked about the changes that were coming with the New 2019 GP Contract. It is the first major change to General Practice since 2004 and promised more investment and more people. It signals investment of £1 billion over the next 5 years, and £1.8 billion to help General Practice work in groups and networks on a 5 years plan. As doctors they legally must pay for their own insurance at present, but under the new contract this insurance will be covered by the NHS.

GP practices will be forming local Primary Care Networks (PCN's) of between 30,000 and 50,000 patients and will work together and provide special services. Haddenham Medical Centre plan to work with the Cross Keys Surgery in Princes Risborough and Unity Health who have practices in Chinnor, Long Crendon, Princes Risborough, Brill and Thame. Between these practices there will be 43,000 patients. Working within the PCN will be Pharmacists, Physios, Musculoskeletal specialists, Paramedics and Physician Associates to address simpler problems to relieve pressure in response to not being able to get more GPs. There is a target to achieve 5,000 more GPs by 2020.

The new contract has an emphasis on digital services. GP surgeries will be required by July 2019 to make available 25% of appointments online. When calling 111 service it will be possible to make an appointment with your practice on conclusion of the call, without the patient having to do this by a separate process.

By April 2021 all practices should be providing online consultations. Further details will be announced later.

By April 2020 all medical records and correspondence will be available online.

Practices are to be banned from using fax machines after April 2020

Question: How happy is the Practice with the 111 Service. Answer: Very happy but with severe pain you should call 999.

The Chairman asked for a show of hands from members present as to how many had used the 111 service (result around 50%). He then asked from those that had used the service how many were happy with the service (result was less than 50%).

Question: When 111 service is used for an of hours doctor will the doctor be local?

Answer: Doctor is a local doctor but not necessarily from the practice.

Question: What do the doctors think about Online consultations?

Answer: Dr. Howcutt said that he was very enthusiastic about computer use but felt that an online video consultation could never be as beneficial as a face to face consultation. It could work well for minor issues.

5. Any Other Business: None

6. Next meeting will be on Wednesday 8th May 2019 at 7.00pm with Guest Speaker Geoffrey Farrer-Brown talking about Medical Detection Dogs.

Other dates

Next Patient Access Training Session 2nd May at 10.00am at HMC

Connie's Colander Play at Haddenham Library 22nd May 7.00pm

TYREFIGHTERS WEIGHT LOSS GROUP

HOW WOULD YOU LIKE SOME EXTRA YEARS?

FOR FREE!

If you have a few extra pounds you would like to lose and you have tried lots of diets which failed, why not join our weight loss group which offers a diet and fitness system that really works!

Membership is free and there is no obligation at all.

Next meetings are at 9 a.m. On Saturdays May 11th, 18th, June 8th, 15th, July 6th, 20th, Aug, 3rd, 17th, Sept 7th, 21st, Oct 5th, 19th, Nov 2nd, 30th, December 14th

